

# Cori's triathlon 2023



## BIKE & RUN TRAIL MAP



► Biking path ► Running path

AGE (years)	SWIM (yards)	BIKE (miles)	RUN (miles)
6-8	25	1.45	.75
9-11	75	2.45	.75
12-14	125	3.46	1.25



Oak Brook  
Park District  
A National Gold Medal Agency

[www.obparks.org](http://www.obparks.org)

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The Cori Elizabeth Sikich  
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