

# Cori's triathlon 2024



## BIKE & RUN TRAIL MAP

▶ Biking path    ▶ Running path

AGE (years)	SWIM (yards)	BIKE (miles)	RUN (miles)
6-8	25	1.3	.8
9-11	75	2.6	1.2
12-14	125	3.9	1.6



Failure to wear a helmet during the bike portion will lead to a disqualification.

**AGES LAPS**  
9-11 2  
12-14 3

**AGES LAPS**  
9-11 2  
12-14 3



Oak Brook Park District  
A National Gold Medal Agency

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