



Oak Brook Park District

Discover the Oak Brook Experience!

Men's Basketball League

RULES AND REGULATIONS

General Information

1. All games are played at the Oak Brook Park District Family Recreation Center, 1450 Forest Gate Rd. Oak Brook, IL. 60523.
2. Please observe the **No Smoking** rule on the Park District property and the **No Food and Drink** rule in the gymnasium.
3. Spectators are welcome, but we ask for safety's sake, that they remain away from the immediate area and in the designated spectator area.
4. **Children MUST be accompanied by an adult who is not participating in the league.** Due to safety reasons, no children will be allowed on the players' benches or on the court during game play.
5. **No one will be allowed to warm-up or shoot on other courts.** If you wish to arrive early and want to use another court, you must pay at the front desk.
6. Game balls will be provided. Gym shoes and proper attire are required to play. **All jerseys must have a number on the back.**
7. The Oak Brook Park District does not provide medical insurance for participants. Individuals may wish to review their policy to check their coverage.
8. Per instruction from the Oak Brook Park District Insurance Carrier, those participating in park district sponsored athletic programs must sign a waiver form in order to be eligible for competition.
9. Absolutely **no alcoholic beverages** are allowed in the Oak Brook Park District premises at anytime. A violation of this rule will result in the immediate suspension from the league for the entire team. Dismissal from the league for this reason will result in no refund to any of the team's participants.
10. At the discretion of the OBPD or game officials, a spectator may be asked to leave the facility due to inappropriate behavior.
11. Any rule and/or regulation is subject to change during the season at the discretion of the Oak Brook Park District staff.

League Structure

1. The league runs for ten weeks, and at the conclusion of the league, teams ranked in the top half (according to final standings) will play a single elimination tournament for the championship. The team's overall win/loss percentage will determine their standings at the end of the program. If teams are tied at the conclusion of the season, it will go by the result of the head to head matchup. If it is still tied, it will go by the point differential in the head to head games. If the teams are still tied, it will go by overall point differential for the season.
2. All league play will be governed by the basketball rule-book published by the Illinois High School Association (IHSA) unless otherwise stated in these league rules and regulations.
3. There will be two officials assigned for each game.
4. Absolutely no arguing with the officials. Fighting and swearing will not be tolerated. The officials will have the authority to warn and/or expel from the premises any player, substitute or spectator who interferes with the orderly progress of the game. Expulsion from any game prohibits participation in next week's game. Two expulsions result in removal from the league with no refund.
5. **Team Captains:** Please note that players from each individual team must have the same colored jersey **with a number on it.** Beginning the second week, players and teams without the same color jersey will receive a technical foul at the start of each game.

The Roster

1. Each team must submit a team roster and waiver form containing a minimum of 8 names. After the second week of play, no names may be added to the roster. Only those listed on the team roster and who have signed the waiver will be eligible for league play.
2. All players must sign in at the score table prior to the beginning of each game.
3. Team captains will be allowed to request a roster check. All roster check requests must be made before tip off. Any player found to be participating under a false name will be asked to leave the facility.
4. Any team found to have ineligible players will receive a warning and a technical foul to start the game. If a team has a second offense the team will be removed from the league with no refund.
5. Players must be 18 years of age or older.
6. In order to qualify as a resident team, 100% of the team must be Oak Brook Park District residents. A corporate resident team must have its company located within the Oak Brook Park District boundaries and all of the players must work for the company for which they are playing.

The Game

1. Teams must have a minimum of four players dressed and ready to play by the designated playing time or a forfeit will be ruled.
2. The game will be divided into two 20-minute halves. The clock will run continuously except during the last one minute of each half when it will stop on all whistles. The clock will also stop during all free throws throughout the entire game.
3. There will be a three minute break between halves and one minute taken for all time-outs.
4. Overtime will be three minutes long with the clock stopping in the last minute and on all free throws. The second overtime will be sudden death overtime. First team to score is declared the winner. In the playoffs, there will be two regular overtimes and the third overtime will be sudden death if teams remained tied.
5. The bonus "one and one" will be shot on the 7th team foul in each half. Double bonus will be on the 10th team foul of each half.
6. Per IHSA rules, six players plus the shooter will lineup for free throws; two from the shooting team and four from the non-shooting team. The lower two players can have their foot on the block. The players can enter the lane after the release and the shooter can enter after the ball contacts the rim.
7. Each team is allowed three, one-minute timeouts per game. Timeouts reset after regulation and each team will receive one timeout for overtime.
8. The three-point arc will be in effect.
9. The game will start with a jump ball, then, any jump ball during the game will be alternating possessions. Each overtime session will begin with a jump ball.
10. All players are allowed five personal fouls. Technical fouls count as personal fouls.
11. Any player receiving two technical fouls in one game will automatically be ejected from the game and is not eligible to play in the following game.
12. In the last ten minutes of the game, the clock will run on all whistles if a team is ahead by 30 or more points.
13. In the last five minutes of the game, the clock will run on all whistles if a team is ahead by 20 more points.

Other Items

1. Intentional fouls will be handled according to IHSA rules.
2. NO DUNKING. If you dunk or hang on the rim, you will receive a technical foul. A second offense will result in an ejection. Any damage done to the backboard or rim while dunking will result in a fine.
3. Any player receiving two technical fouls in one game will automatically be ejected from the game and is not eligible to play in the following game.
4. Only the team captain is allowed to address the scorekeeper. Please wait to address the scorekeeper until stoppage in play. Any players or spectators who are addressing the scorekeeper in an inappropriate manner will result in a team foul.
5. Your team's spirit of fair play and having fun is both applauded and appreciated by other players, park district staff, and officials. Thank you in advance for your cooperation and support.