

MONTHLY MEMBERSHIP CHALLENGE

AUGUST 2023



CONGRATULATIONS TO OUR WINNER!

ONE FREE MONTH OF MEMBERSHIP

JOHN LONGANO



Where are you from: I live in Hinsdale.

When did you become member? My wife and I started a number of years ago. We love the facility and the staff.

What motivates you? I love the positive health effects that exercise has given me.

What is your favorite way to be active at the Oak Brook Park District facilities? I love the walking track rowing ergometer and recumbent cycle. The outdoor walking paths helped get me through the pandemic.

What is your favorite food? Steamed vegetables and water. Not! Actually pasta is my favorite.

Do you have any skills or talents most people don't know about? I am a very serious crossword puzzle solver. On average, I solve five puzzles a day.

What is a goal you have for yourself that you want to accomplish in the next year? I hope to continue exercising and staying healthy and happy.



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