



WEEKLY TEAM CHALLENGES

NAME OF CHALLENGE: **ROPE UNDULATION** WEEK #: **2 (January 18TH – 22ND)**

Fitness Challenges Points System: Each team that scores at the top four will earn the following points:

1st Place: 5 points/2nd Place: 4 points/3rd Place: 3 points/4th Place: 2 points

The rest of the team who didn't score at the top four but participated in this fitness challenge will earn 1 point each.

Week Prize: **FOOD GIFT CARD To: Houlihan's Free Appetizer and Chipotle-Choice of One Burrito Bowl, Salad and Order Of Tacos Per Team Member.**

| PLACE: | TEAM MEMBER'S NAME (Please Print): | TOTAL TIME: | Points: |
|--------|-------------------------------------|-------------|---------|
| 1 | OVERKILL | 252.6 secs | 5 |
| 2 | CAGED PIGS | 217.6 secs. | 4 |
| 3 | CHOOSE TO WIN | 207.5 secs. | 3 |
| 4 | THE THIN(NER) BLUE LINE | 169.7 secs. | 2 |
| 5 | STEVIE'S ANGELS | 165.5 secs. | 1 |
| 6 | MR. LENNY AND HIS BIG BOOTIES BABES | 133.8 secs. | 1 |
| 7 | BENCH WARMERS | 133.6 secs. | 1 |
| 8 | BUDDHA BOB AND HIS BABES | 126.3 secs. | 1 |
| 9 | FOUR MARKETEERS | 122.9 secs. | 1 |
| 10 | 3 NUTS AND A SHRINK | 122.1 secs. | 1 |
| 11 | SLIM GYMS | 113.7 secs. | 1 |
| 12 | TATOR TOTS | 106.6 secs. | 1 |
| 13 | GUT BUSTER | 105.5 secs. | 1 |
| 14 | APPLE DIPPERS | 90.2 secs. | 1 |
| 15 | FAB FOUR | 88.6 secs. | 1 |
| 16 | COMPLETE PACKAGE | 82.5 secs. | 1 |