



WEEKLY TEAM CHALLENGES

NAME OF CHALLENGE: **1 MILE RUN/WALK WITH 8 LBS MEDICINE BALL** WEEK #: **4 (February 1st -5th)**

Fitness Challenges Points System: Each team that scores at the top four will earn the following points:

1st Place: 5 points/2nd Place: 4 points/3rd Place: 3 points/4th Place: 2 points

The rest of the team who didn't score at the top four but participated in this fitness challenge will earn 1 point each.

Week Prize: **BUONA BEEF GIFT CARD.**

PLACE:	TEAM MEMBER'S NAME (Please Print):	TOTAL TIME:	Points:
1	THE THIN(NER) BLUE LINE	6:18.23	5
2	OVERKILL	6:35.45	4
3	CAGED PIGS	6:36.97	3
4	STEVIE'S ANGELS	7:46.06	2
5	BENCH WARMERS	8:02.34	1
6	3 NUTS AND A SHRINK	8:04.27	1
7	COMPLETE PACKAGE	8:27.05	1
8	GUT BUSTER	8:48.26	1
9	CHOOSE TO WIN	9:04.97	1
10	BUDDHA BOB AND HIS BABES	9:13.53	1
11	YO-YO NO MO	9:18.44	1
12	TATOR TOTS	11:01.0	1
13	MR. LENNY AND HIS BIG BOOTIES BABES	12:40.45	1
14	FAB FOUR	13:11.32	1